



AlTaasis AlSaleem

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EXAMS
REVISIONS

FIRST TERM



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YOUR NO.1
CHOICE
IN EGYPT



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— HSI —
ENGINE —

Test (1)



1 Listen and circle the correct answer from a, b, c or d.

- (1) The Nile is the river in the world
(a) widest (b) longest (c) shortest (d) deepest
- (2) Different kinds of live in the Nile River.
(a) turtles (b) fish (c) insects (d) cows
- (3) Different fish eat water
(a) seeds (b) crocodiles (c) weeds (d) plants
- (4) We need to keep the Nile River clean and
(a) dirty (b) safe (c) wide (d) deep

2 Choose the correct answer from a, b, c or d.

- (1) helps make our bodies strong.
(a) Swimming (b) reading (c) cooking (d) traveling
- (2) The heart is a strong that keeps us alive.
(a) tool (b) muscle (c) machine (d) tongue
- (3) To stay healthy, you should wash your before and after eating.
(a) eyes (b) legs (c) hands (d) ears
- (4) Children should to stay healthy and active.
(a) eat late (b) sleep early (c) wake up late (d) drink soda

3 Read and complete the text with the words in the box.

heart

football

lose

grow

Playing sports is very important for me. I play (1) regularly with my friends. Sports make my (2) strong and help my muscles (3) Swimming also helps our whole body. It makes our lungs strong.

4 Read the text and answer the questions:

Nature can sometimes change in powerful ways, leading to extreme weather. A sandstorm carries strong winds and dust, making it hard to see. During a heatwave, temperatures become dangerously high for many days. A flood happens when too much water covers dry land, often causing damage. When there's no rain for a long time, it's called a drought, which can harm crops and animals. Learning about these events help us understand how to stay safe.

(A) Choose the correct answer from a, b, c or d:

- (1) What is it called when a lot of water covers dry land?
(a) sandstorm (b) heatwave (c) flood (d) drought
- (2) Which extreme weather event involves dangerously high temperature for many days?
(a) flood (b) sandstorm (c) heatwave (d) drought

(B) Answer the following questions:

- (3) What makes it hard to see and breathe?
.....
- (4) How can a drought effect plants and animals?
.....
- (5) Why is it important to learn about extreme weather events?
.....

5 Put the words in the correct answer to make a sentences.

(1) Koshari – meal – a – tasty – is – Egyptian - .

.....

(2) does – help – How – the – body – swimming - ?

.....

6 Read and write the correct form of the words between brackets.

(1) Do you have (**some**) pictures for the party?

(2) He (**often**) plays video games. He prefers reading books.

7 Punctuate the following sentences.

(1) are fruits good for health

.....

(2) adam and tamer are friends.

.....

8 Write a paragraph of [30] words using the following guiding elements.

Desert animals

Guiding elements: » Camel » Lizard » Fox

.....

.....

.....

.....

.....

.....

.....

.....

Test (2)



1 Listen and circle the correct answer from a, b, c or d.

- (1) Yassmien's favorite food is
 (a) pizza (b) basbosa (c) koshari (d) salad
- (2) To make koshari we first cook
 (a) turtles (b) fish (c) insects (d) cows
- (3) The red sauce is made with
 (a) lentils and onions (b) garlic and tomato
 (c) rice and pasta (d) garlic and spices
- (4) Finally we add on top.
 (a) more sauce (b) shelter (c) pond (d) crisp onions

2 Choose the correct answer from a, b, c or d.

- (1) Taking time to relax and sleep well is good for your
 (a) lunchbox (b) mental health
 (c) washing machine (d) bicycle
- (2) Ahmed will buy fruits for his mother.
 (a) any (b) a (c) some (d) an
- (3) The beats to send blood around the body.
 (a) lungs (b) muscles (c) heart (d) hurt
- (4) A long time without rain is called a
 (a) drought (b) flood (c) wildlife (d) sandstorm



3 Read and complete the text with the words in the box.

selfish

strong

weak

apples

Ahmed had a healthy apple tree. The tree gave him apples and he played on it. Tom traveled away and when he came back, the tree was (1) Ahmed knew that he was so (2) So he decided to take care of the tree. The tree grew (3) again.

4 Read the text and answer the questions:

Sports play an important role in maintaining good health. Regular physical activity strengthens muscles, improves heart function, and boosts mental health. Playing sports helps people manage weight, reduce stress, and build Social skills, like football, swimming or running staying active through sports benefits both body and mind.

(A) Choose the correct answer from a, b, c or d:

- (1) Playing sports helps in
 - (a) eating more food
 - (b) watching TV
 - (c) sleeping
 - (d) improving health
- (2) The is not a type of sport.
 - (a) cooking
 - (b) football
 - (c) running
 - (d) swimming

(B) Answer the following questions:

- (3) How do sports help people?

.....

- (4) What are the benefits of regular physical activity?

.....

- (5) Do you think playing any sports is important? Why?

.....

5 Put the words in the correct answer to make a sentences.

(1) helps - Exercise - Lose - you - weight.

.....

(2) onions - cut - First - slices - into - thin

.....

6 Read and write the correct form of the words between brackets.

(1) I read (an) book for animals.

(2) Mona doesn't (goes) to school on foot.

7 Punctuate the following sentences.

(1) is the desert hot and dry

.....

(2) i don t have any food in the fridge.

.....

8 Write a paragraph of [30] words using the following guiding elements.

How do good habits protect our health?

Guiding elements:

» sleep well

» fruit and vegetables

.....

.....

.....

.....

.....

.....

.....

.....

Test (3)



1 Listen and circle the correct answer from a, b, c or d.

- (1) Hosam always eats fruit and
(a) cakes (b) vegetables (c) sweets (d) pizza
- (2) Hosam never eats food.
(a) healthy (b) delicious (c) unhealthy (d) good
- (3) He plays sports at the
(a) club (b) home (c) school (d) park
- (4) Exercising regularly makes Hosam feel
(a) strong (b) weak (c) hungry (d) tired

2 Choose the correct answer from a, b, c or d.

- (1) Rice, lentils, pasta and chickpeas are to make koshari.
(a) ingredients (b) sauces (c) vitamins (d) organs
- (2) Blood carries and nutrients to every body cell.
(a) stress (b) oxygen (c) water (d) tongue
- (3) Camels, foxes and lizards are animals.
(a) dessert (b) desert (c) sea (d) river
- (4) The tree has a thick that supports its branches.
(a) leaves (b) apples (c) trunk (d) brunch



3 Read and complete the text with the words in the box.

Crocodiles

insect

sharks

hunt

There are many rivers around the world. The Nile is one of the longest rivers in the world. It is home to many different animals. (1) are strong and dangerous. They (2) large animals in or near the water. Small fish in the river eat weeds. Birds eat (3) , small fish and plants near the river.

4 Read the text and answer the questions:

Egypt has two deserts. The desert is hot and dry, many animals do well there. Snakes often eat small animals like rats or lizards to survive. Camels are well adapted to the desert and eat plants to stay strong. Lizards get their energy by eating insects. Some desert animals, like owls come out at night when it's dark and cooler, while others hide under rocks during the day to stay cool. Each animal in the desert has an important role, helping nature in balance.

(A) Choose the correct answer from a, b, c or d:

- (1) Lizards eat to get energy in the desert.
(a) plants (b) rats (c) insects (d) camels
- (2) The underlined "survive" means
(a) alive (b) die (c) run (d) sleep

(B) Answer the following questions:

- (3) How do some animals stay cool in the desert during the day?

.....

- (4) What do camels eat to stay strong in the desert?

.....

- (5) Summarize the text in one sentence.

.....

5 Put the words in the correct answer to make a sentences.

(1) has - many - koshari - ingredients - simple

.....

(2) muscles - Football - grow - your - helps

.....

6 Read and write the correct form of the words between brackets.

(1) He doesn't have (**some**) books in his bag.

(2) We (**always**) eat unhealthy food.

7 Punctuate the following sentences.

(1) camels foxes and lizards are desert animals.

.....

(2) the nile river is the longest river in the world.

.....

8 Write a paragraph of [30] words using the following guiding elements.

The Nile River

Guiding elements: » longest » branches » animals and birds

.....

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.....

.....

.....

Test (4)



1 Listen and circle the correct answer from a, b, c or d.

- (1) Trees are very for our Earth.
(a) lazy (b) important (c) bad (d) delicious
- (2) Trees help the air.
(a) clean (b) hurt (c) visit (d) damage
- (3) Trees give us and oxygen.
(a) money (b) shade (c) water (d) food
- (4) Many animals make their in trees.
(a) beds (b) food (c) homes (d) fruits

2 Choose the correct answer from a, b, c or d.

- (1) Tom made from tree leaves when he was young.
(a) crowns (b) gloves (c) papers (d) books
- (2) are the kings of the Nile.
(a) Fish (b) Turtles (c) Crocodiles (d) Birds
- (3) Brush your teeth daily with to stay healthy.
(a) water (b) soap (c) salt (d) toothbrush
- (4) a large amount of water covering dry land.
(a) Flood (b) Drought (c) Wild life (d) Sandstorm



3 Read and complete the text with the words in the box.

bodies

soda

football

vitamins

Anas plays football with his friends every Saturday. Anas is a healthy, strong boy. He drinks a lot of water instead of (1) He eats fruits and vegetables because they give us important (2) Healthy habits are important for our (3)

4 Read the text and answer the questions:

Koshari is a tasty Egyptian dish with many simple ingredients in one bowl. To make koshari, it has rice, pasta, lentils and red sauce. You can make red sauce using tomatoes, garlic, vinegar and some spices. We also need to make crispy onions by cutting into thin slices and fry them in oil until they turn brown and crunchy. You can add a spicy tomato sauce and dakkka for more flavor. This mix of foods make koshari very yummy.

(A) Choose the correct answer from a, b, c or d:

- (1) Koshari has
 (a) rice (b) pasta (c) lentils (d) all of them
- (2) The underlined word "yummy" means
 (a) delicious (b) bad (c) good (d) hot

(B) Answer the following questions:

- (3) How can you make the red sauce of koshari?

.....

- (4) How can make onions crispy?

.....

- (5) What do we add for koshari to give it flavor?

.....

5 Put the words in the correct answer to make a sentences.

(1) are - dangerous - Crocodiles - scary - and

.....

(2) did - Adam - love - What - past - the - in

.....

6 Read and write the correct form of the words between brackets.

(1) He ate (a) apple yesterday.

(2) I (sometimes) look after the animal, I never hurt them.

7 Punctuate the following sentences.

(1) playing sports is a fun way to stay healthy

.....

(2) do you have any money

.....

8 Write a paragraph of [30] words using the following guiding elements.

The heart

Guiding elements: » organ » pump » muscle

.....

.....

.....

.....

.....

.....

.....

.....

Test (5)



1 Listen and circle the correct answer from a, b, c or d.

- (1) play a very important role in health care.
(a) nurses (b) pharmacists (c) students (d) engineers
- (2) Pharmacists make sure that
(a) nurses (b) paramedic (c) patients (d) teachers
- (3) respond quickly in the emergencies.
(a) paramedics (b) engineers (c) nurses (d) fire fighter
- (4) Paramedic take patients safely to
(a) markets (b) shops (c) restaurants (d) hospitals

2 Choose the correct answer from a, b, c or d.

- (1) In a thunderstorm, children might be afraid of
(a) the wind (b) the lightning (c) the heat (d) the sand
- (2) Crocodile is called the of the Nile.
(a) king (b) animal (c) insect (d) bird
- (3) My father likes to eat banana every day.
(a) an (b) some (c) a (d) any
- (4) The help us breathe in oxygen.
(a) arms (b) legs (c) eyes (d) lungs

3 Read and complete the text with the words in the box.

saved

stuck

news

damaged

Yesterday I was (1) in my car during flood, while I was traveling my car (2) because of a lot of water. I called the police and I told them that I couldn't move or leave the car. They came quickly and (3) me and my car.

4 Read the text and answer the questions:

Health care workers like doctors, nurses, pharmacists and paramedics are real life heros, who spend their lives helping all people. They work day and night to keep others healthy. Doctors use their knowledge and skills to check patients, diagnose diseases and provide treatment. Pharmacists play a very important role, too. They make sure patients receive the correct medicine and advice on how to use it safely. Paramedics respond quickly in emergencies. They give help on the spot and take patients to hospital.

(A) Choose the correct answer from a, b, c or d:

- (1) Doctors, nurses and paramedics are called
(a) actors (b) vets (c) mechanics (d) healthcare workers
- (2) The underlined word "diseases" means
(a) illnesses (b) heros (c) care (d) health

(B) Answer the following questions:

- (3) Where do paramedic take patients?
.....

- (4) Who responds quickly in emergencies?
.....

- (5) Summarize the text in one sentence.
.....

5 Put the words in the correct answer to make a sentences.

(1) small - eat - and - fish - Birds - insects.

.....

(2) protect - We - the - River - must - Nile.

.....

6 Read and write the correct form of the words between brackets.

(1) My sister (**buy**) a new dress yesterday.

(2) I saw (**a**) elephant in the Zoo.

7 Punctuate the following sentences.

(1) my favorite snack are apple and banana

.....

(2) how can amany make koshari?

.....

8 Write a paragraph of [30] words using the following guiding elements.

playing sports

Guiding elements: » healthy » muscles » mental health

.....

.....

.....

.....

.....

.....

.....

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Model Answers

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Model Answer

Exam (1)

- 1 The Nile River is very important. It is the longest river in the world. It is home for different kinds of animals and birds. There are different kinds of fish. Small fish eat water weeds. Crocodiles live in the Nile. They called the kings of the Nile. We must protect the Nile and keep it clean and safe.
- 2 (1) swimming (2) muscle (3) hands (4) sleep early
- 3 (1) football (2) heart (3) grow
- 4 A) (1) Flood (2) Heat wave
B) (3) sandstorm
(4) harm crops and animals
(5) to understand how to stay safe
- 5 (1) koshari is a tasty Egyptian meal.
(2) How does swimming help the body
- 6 (1) any (2) (never / rarely)
- 7 (1) A - ? (2) A - T
- 8 Answer by yourself.

Exam (2)

- 1 I'm Yassmien. My favourite dish is koshari. It's a famous Egyptian meal. To make it, we first cook rice and pasta. Then we boil some lentils. The red sauce is made with tomatoes and garlic. Finally, we put it all in a bowl and add crispy onions on top.
- 2 (1) mental health (2) some (3) heart (4) drought
- 3 (1) weak (2) selfish (3) strong
- 4 A) (1) improving health (2) cooking
B) (3) it maintain good health, improve heart, boosts mental health.
(4) staying active
(5) Yes, I do. Because it is good for my health.

- 5 (1) Exercise helps you lose weight.
(2) First cut onions into thin slices.
- 6 (1) a (2) go
- 7 (1) I - ? (2) I - 't
- 8 Answer by yourself.

Exam (3)

- 1 My friend Hosam is a very healthy boy. He never eats unhealthy food. He always eats fruits and vegetables. He usually plays sports after school at the club. He is very active and fit. He exercises regularly because this helps him feel strong and happy.
- 2 (1) ingredients (2) oxygen (3) desert (4) trunk
- 3 (1) Crocodiles (2) hunt (3) insects
- 4 A) (1) insects (2) alive
B) (3) They hide under rocks
(4) plants (They eat plants)
(5) Desert animals
- 5 (1) Koshari has many simple ingredients.
(2) Football helps your muscles grow.
- 6 (1) any (2) never
- 7 (1) C - ,foxes (2) N - .
- 8 Answer by yourself.

Exam (4)

- 1 Trees are very important for our earth. Trees help cleaning the air and give oxygen and shade to us. In Egypt there are many trees. It gives us delicious fruits. Trees are homes for many birds and insects. They eat and get warm from the trees. We should care about our plants.
- 2 (1) crowns (2) Crocodiles (3) toothbrush (4) flood
- 3 (1) soda (2) vitamins (3) bodies

- 4 A) (1) all of them (2) delicious
B) (3) By using tomatoes, garlic, vinegar and some spices.
(4) By cutting onions into slices.
(5) Dakka
- 5 (1) Crocodiles are dangerous and scary.
(2) What did Adam love in the park?
- 6 (1) an (2) always
- 7 (1) P - . (2) D - ?
- 8 Answer by yourself.

Exam (5)

- 1 Pharmacists play a very important role in healthcare. They make sure patients receive the correct medicine and advise them on the safe use of medicine. Paramedics respond quickly in emergencies. They offer great help on spot and take patients safely to hospitals.
- 2 (1) lightning (2) king (3) a (4) lungs
- 3 (1) stuck (2) damaged (3) saved
- 4 A) (1) healthcare heros (2) illnesses
B) (3) To the hospital
(4) Paramedics
(5) Health care heros
- 5 (1) Birds eat small fish and insects.
(2) We must protect the River Nile.
- 6 (1) bought (2) an
- 7 (1) M _ . (2) H _ A
- 8 Answer by yourself.

